

Active Schools

Scottish Borders Report 2025-26

Participants

Sex	Participants	% of total
Female	3,250	48%
Male	3,526	52%
Total	6,776	100%

School type	Participants	% of total
Primary	3,977	59%
Secondary	2,799	41%
Total	6,776	100%

Percentage of school roll

Sex	School roll	% participating
Female	6,692	49%
Male	6,912	51%
Total	13,632	50%

School type	School roll	% participating
Primary	7,159	56%
Secondary	6,445	43%
Total	13,632	50%

Visits

Sex	Visits	% of total
Male	75,144	51%
Female	73,136	49%
Total	148,280	100%
School type	Visits	% of total
Secondary	85,791	58%
Primary	62,489	42%
Total	148,280	100%

Year group	Visits	% female
P1	4,205	53%
P2	4,426	49%
P3	4,996	55%
P4	8,349	57%
P5	6,609	47%
P6	15,174	53%
P7	18,730	54%
S1	30,178	48%
S2	21,138	34%
S3	15,537	47%
S4	7,948	53%
S5	5,813	58%
S6	5,177	67%
	148,280	49%

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Sessions

Sessions	% purely voluntary
7,893	93%

Blocks	Avg sessions per block
939	8.4

Deliverers by type

Deliverer type	Deliverers	% of total	% voluntary	% qualified
Secondary Pupils	237	32%	100%	19%
Teacher	206	28%	100%	71%
Family Member	90	12%	100%	42%
Community Member	67	9%	100%	60%
Club Coach	54	7%	87%	98%
School Staff-Other	47	6%	96%	38%
FE/HE Students	12	2%	100%	50%
Session Coach	11	1%	73%	91%
Sports Development Officers	11	1%	0%	100%
Total	735	100%	97%	50%

School to club links

School club links	% of sessions delivered by clubs
110	10%

Schools with at least one link	Clubs with at least one link
48	29