

YOUNG PEOPLE'S SPORT PANEL

ROLE DESCRIPTION



What is the YPSP?

The **Young People's Sport Panel** provides a national platform to represent the diverse voice of young people across Scotland aged 14-23 (at the time of applying).

The panel role lasts for 2 years, with this cohort running from January 2027 to December 2028.

The role of the panel is to help influence and shape the future of sport in Scotland by contributing to **sportscotland's** outcomes of participate, progress and achieve and to raise the profile of sport. The panel bring their voices and experiences to the development of policies, programmes and projects.

The programme's principle is that young people's views are heard and valued, and they have the opportunity to influence decision making and drive change. Panel members will share their ideas and act as ambassadors for positive change in the Scottish sporting system.

The Young People's Sport Panel is led by **sportscotland** and supported by Young Scot.



What you will be doing

Youth voice & ideas

Share your honest thoughts about what young people need in sport, and help shape **sportscotland's** work aligned to Sport for Life.

Project & campaign support

Get involved in national projects and campaigns that help more young people take part in sport and enjoy their experiences.

Being an ambassador

Represent **sportscotland** at events, workshops and meetings, and help show others why sport and being physically active are great for young people.

Working together

Work with other panel members and **sportscotland** staff to share ideas, learn from each other, and help create better solutions.

Leadership & advocacy

Champion equality, inclusion, and fairness in sport, promoting opportunities for all young people.



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Do you have...

- ▶ A passion and excitement for improving sport and physical activity for young people?
- ▶ A willingness to work with other panel members, **sportscotland** staff, and partner organisations?
- ▶ A desire to champion opportunities for all children and young people, regardless of background or ability?
- ▶ An understanding of the benefits sport and physical activity bring as well as some awareness of issues affecting young people in Scottish sport (e.g., inclusion, cost, confidence).
- ▶ An enthusiasm for developing new skills in leadership, communication, and project work?
- ▶ The confidence to act as an ambassador for **sportscotland** at events, consultations, and public-facing activities?

Are you...

- ▶ Comfortable communicating in group settings, workshops, and meetings (both in person and online)
- ▶ Able to commit to the required meetings, development days, residentials, and occasional additional activities over the 2 year term?
- ▶ Able to understand and follow **sportscotland's** principles: Inclusive, Accountable, Responsive, Person-centred, Collaborative and World class.

Support provided and personal development

The role will involve some training and workshops as well as opportunities to build lots of skills including; confidence, leadership, communication, planning, teamwork and problem-solving skills. Other opportunities for support and development can include:

- ▶ Mentoring and guidance from **sportscotland** staff to achieve personal goals.
- ▶ Opportunities to engage with Scottish Governing Bodies as well as national and local partners.
- ▶ Guidance both for personal development and to encourage individuality.

Time commitment

To be part of the YPSP, you'll need to come along to our online meetings, development days, and residential trips. Details of the time commitment is below.

- ▶ 1–2 virtual meetings per month lasting up to 2 hours (typically on a Monday or Tuesday evening at 6pm)
- ▶ 2 development days per year – usually Fridays, in person, 10am-4pm.
- ▶ 4 residentials across the 2 years – in person, lasting 2-3 days Friday – Sunday.
- ▶ Occasional additional activities such as events, workshops, and project work.
 - Events/workshops could be between a few hours or a full day.
 - Project work may involve additional online meetings.



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