

PLAYING OUR PART

Summary of progress 2018-19



#PlayingOurPart2019

sportscotland
the national agency for sport

Playing Our Part

sportscotland is the national agency for sport. We invest Scottish Government and National Lottery resources to help the people of Scotland get the most from the world class sporting system.

Playing Our Part 2018-19 is our annual review. It includes system highlights and case studies about our work in the past year, as well as data* that shows the progress we have made against our impact measures since the start of our 2015-19 corporate plan: Raising The Bar. In May 2019 we launched our new corporate strategy, [Sport For Life](#).

The aim of this summary document is to bring Scotland's world class sporting system to life by sharing the stories of people who have participated and progressed in sport. It also provides infographics that show the impact of our collaborative work with partners across the system.

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* The data is partly drawn from a survey conducted to measure our contribution to the Active Scotland Outcomes Framework, which involved 3,000 club members



Strathmore

Strathmore Rugby Club Community Trust deliver weekly autism-friendly rugby sessions for children from across Tayside. The project is the first of its kind in a Scottish rugby club and Josh Gabriel-Clarke was inspired to launch the free initiative by his son Archie, 6, who has an autism diagnosis.

Josh, whose community project coordinator role is funded by the National Lottery through direct club investment, says: “I was previously working in mainstream rugby development but this is massively more rewarding than anything else I’ve done.”

Claire Clark

Claire Clark works as an Active Schools coordinator in a deprived community* in Glasgow, identifying inactive pupils and developing targeted programmes to enable them to engage in an active and healthier lifestyle.

In Claire's school cluster, a partnership she created with Glasgow Club Pollok Gym has stimulated gym use in S3/4 girls. She has also guided pupils on their leadership journey within school and the local community sport hub.

There were 7.3 million visits to Active Schools sessions across Scotland in 2017-18, an increase of more than 6% on 2016-17.

Claire says of her role: "You really do see the positive effect that sport and physical activity can have on a person's life."



* As determined by the Scottish Index of Multiple Deprivation.

Wicketz

The Wicketz project enables children from socially deprived areas of Glasgow to play cricket in a safe and welcoming environment.

The first hub, in Springburn, has attracted players of 11 nationalities. Coordinator Nauman Javaid says: “These kids love to play cricket but we also run workshops about issues they are facing in the community, and they have responded really well. Some of the parents are involved as volunteers, too, and we all have a strong sense of belonging.”

The project was set up by the Lord’s Taverners charity in collaboration with Cricket Scotland, with support from Active Schools and community sport hub officers.



David Melrose

In March 2019, Team Neilson won silver for Scotland at the Wheelchair Curling World Championships. David, 53, was on the team for the first time having gone full-time with the British Curling high-performance unit nine years after his back was broken by a falling steel beam.

The curling programme is run by an in-house **sportscotland** institute of sport team and based at the £3 million National Curling Academy (NCA) in Stirling, which opened in 2017. David, who is targeting a medal at the Beijing 2022 Paralympics, says: “The NCA has definitely had a dramatic impact on my career.”





Duncan Scott

Swimming star Duncan had a spectacular 2018, winning six medals at the Commonwealth Games in Gold Coast, Australia and three golds and a silver in the European Championships in Glasgow.

Stirling-based Duncan, 22, has benefited from world class high-performance support from the **sportscotland** institute of sport since he was a teenager. He says: “To better yourself, you need to go that little bit further but you also need people who look at things in a different way and I’m lucky enough to have that support at the **sportscotland** institute of sport.”



PARTICIPATION

Comparable change since 2015-16



+12%

more Active Schools participants (309,000)



+10%

more playing members in supported clubs (556,000)



+11%

more playing club members affiliated to SGBs* (787,000)



63%

of club participants more active since joining

* Scottish governing bodies of sport

PEOPLE

Comparable change since 2015-16



22,800

Active Schools
deliverers

+11%



21,300

coaches in
supported clubs

+11%



45,400

coaches affiliated
to SGBs

+3%



+8%

7,200 participants in young
leader opportunities



+3%

9,300 attendances on
coach CPD opportunities*

64% of those who regularly coached or volunteered
at a club **felt they'd learned a new skill**

* comparable change since 2016-17

PROFILE

124

corporate events since
2015-16, with over

13,000

attendees

Comparable change since 2017-18



27,000

users of Sport First digital magazine

+24%



74,000

unique page views

+48%

THREE

digital communications
training sessions
in 2018-19

with

56

attendees

from

30

SGBs



70%

of respondents felt the
training increased their
awareness of opportunities
to raise the profile of
their sport



83%

of respondents felt the
training represented a
useful networking
opportunity



PROGRESSION



44
medals



won by Team Scotland
at 2018 Commonwealth
Games - **Best ever away
Games on medal tally**



9 gold



13 silver



22 bronze



sportscotland
institute of sport
high performance expertise

35

institute of sport staff
provided support to all
Scottish athletes across

18
sports

79%

of club member participants
felt they'd become better
at sport/activity



95%

of club members felt they
were achieving their goals



PLACES

145 facilities awards since 2015-16

investing
£32.2m

enabling investment of
£155.4m



Total participant
days increased to
21,389

+16%

Residential experience
provided to

2,481
school pupils from

62 mainstream and
additional support
needs schools

Facility used by **16 SGBs** and clubs from **12 sports**



EQUALITIES AND INCLUSION

SIMD*

22%

of Active Schools participants



were from the

20%

most deprived areas

SEX



48%

of Active Schools participants were female

AGE

17%

of adult club members were aged

55-64

10%

of adult club members were aged

65-74

DISABILITY



8%

of adult club members had a disability

SEXUAL ORIENTATION

5%

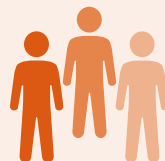


of adult club members identified either as bisexual or gay

ETHNICITY

2%

of adult club members were Mixed or Multiple; Asian, Asian Scottish or Asian British; African; Caribbean or Black; Other



96%

were White Scottish; White British; White other; White Irish

2%

Preferred not to say

*Scottish Index of Multiple Deprivation

Source: Our Contribution to Active Scotland Outcomes Framework survey

FIND OUT MORE

Read the stories and explore the data of Playing Our Part 2018-19 online.

Visit sportscotland.org.uk/playingourpart

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