



Return to Motorcycle Sport

Guidelines for all Disciplines

In planning for the SACU's return to motorcycle sport, several considerations have been established.

The SACU's approach needs to provide robust guidelines whilst allowing for some flexibility and adaptability of the general principles to suit each of our sport disciplines. Discipline specific guidelines have also been created and must be followed in conjunction with this document, the SACU handbook and insurance regulations.

These guidelines have been established to align with the guidance issued by the Scottish Government. It should be understood that Government guidance can change quickly and is open to interpretation and, in the event of a second wave of the virus, or a dramatic change in the 'R' number the advice may need to be withdrawn or reconsidered at short notice.

Key notes which apply to all disciplines

Organised sporting activities can be undertaken, providing all activity is consistent with current Scottish Government guidance on health, physical distancing and hygiene – you will also need to make sure that your club, facility and participants are made aware and can adapt to changes in guidance at short notice. Information on Scottish Government's approach to managing COVID-19 is available at [Scottish Government: Coronavirus in Scotland](#) .

Participants should be aware that the easing of restrictions does not mean that all facilities will open immediately. Owners and operators will require time to put plans in place to ensure the safety of participants, staff and volunteers.

Clubs and venue operators should adhere to the Scottish Government's physical distancing guidelines in force at the time.

People who are symptomatic and household members should self-isolate for 10 days as per info on NHS Scotland guidance. No one who is self-isolating should attend a motorcycle event; practice or competition.

We recommend that all participants carry and use hand sanitiser which should be at least 60% alcohol based. Be mindful of the environment and dispose of used wipes, gloves and masks responsibly.

Travel guidance outlined by the Scottish Government should always be adhered to. Guidance is available at [Guidance on Travel and Transport](#).

Guidelines will be updated as we progress through the phases of the Scottish Government Covid-19 Routemap. Current information is available at [Scottish Government: Covid-19 Framework for decision making](#) .

Scottish Government's [strategic framework document \(version: April 2021\)](#) for managing COVID-19 provides a 0-4 Level approach to restrictions with each local authority area (or sub-area) placed in a relevant protection Level depending upon its COVID-19 status which will be reviewed weekly.

Clubs and participants should be aware of their local area protection level and associated restrictions which may be in place and should consider this as part of risk assessment planning. Broad guidance for sporting activity which should be followed within each Level is set out in the table below.

Further information on protection levels that apply in each local authority area are available at [Coronavirus \(COVID-19\): local protection levels](#) including a postcode checker.

Additional guidance on sport in general is available from [sportscotland](#).

This is a difficult time for everyone so please be patient.

Sport & Physical Activity Protection Levels

		Level 0	Level 1	Level 2	Level 3	Level 4
OUTDOOR SPORT Organised outdoor sport, competition, events and Physical Activity (PA)	Overview	An outdoor sporting 'field of play bubble' can consist of a maximum of 30 people including coaches, officials and other support staff at any one time. Multiple bubbles, each with up to 30 people, can be used in training, competition or small-scale sporting events if all guidance is followed (200 max per day unless with exemption).				
	Children & Young people (u18 years)	Organised motorcycle sport (outdoor, non-contact) permitted at all levels				
	Adults (18+ years)					
COACHING	Overview	General guidance is available within this document for coaches, leaders, personal trainers, deliverers and instructors, <i>herein referred to as coach/es</i> . In addition Getting Coaches Ready for Sport provides a 4-stage approach/checklist to further support coaches to plan and deliver safe sessions.				
	Indoor & Outdoor coaching	The local protection level in place for sport and physical activity will dictate what activity can be coached, indoors and outdoors and to whom in that area. See indoor / outdoor above for further information. Coaches can take multiple indoor sessions per day, however the numbers allowed in each session will depend upon the protection level in place.				
TRAVEL	Indoor / Outdoor Sport & Physical Activity	For further information please refer to Travel Guidance within this document.				

		Level 0	Level 1	Level 2	Level 3	Level 4
HOSPITALITY & RETAIL	Clubs & Sports Facilities	<p>Clubhouses and sports facilities which provide catering and bar services, can operate providing they adhere to Scottish Government guidance appropriate to the protection level in which they are operating. Further information is available at Coronavirus (COVID-19): tourism and hospitality sector guidance.</p> <p>Retail units operated by sports facility operators may reopen provided all specific Scottish Government guidance for retailers appropriate to the protection level in which they are operating is in place and adhered to. Further information from the Scottish Government is available at Retail Sector Guidance.</p>				
TOILETS, CHANGING & SHOWER ROOMS	Clubs & Sports Facilities	<p>Where changing rooms and showering facilities are to be used specific guidance relating to use of 'Changing and Showers' is available at Getting Your Facilities Fit for Sport. This is applicable at all levels where facilities remain open.</p> <p>Operators may open public toilets if they follow the guidelines outlined on the Scottish Government website Opening Public Toilets Guidelines</p>				<p>Toilets and changing rooms of outdoor sports facilities closed.</p>
WORKFORCE	Contractors & Staff	<p>Sports facility operators must ensure that Scottish Government guidance on workforce planning in sport & leisure facilities is followed for contractors and staff and ensure existing health and safety advice is maintained and aligned. This should be detailed in the risk assessment.</p>				
	Meeting Rooms	<p>Consider whether meetings and training must be completed in person or whether alternative approaches can be used. If it is essential that meetings and training takes place in person, Scottish Government guidance for general workplaces must be followed and a risk assessment should be completed.</p>				

General Guidance

1. The club committee or venue operator should ensure all appropriate management processes are in place so that they can effectively oversee and maintain the implementation of measures outlined herein.
2. It is the responsibility of each club committee/venue operator to undertake a documented Risk Assessment based on their local circumstances, prior to activity taking place. Consider safety first, particularly focusing on minimising the risk of infection/transmission. Appropriate measures must be put in place to ensure participants, staff and volunteers are always protected. Risk assessments MUST be submitted to the SACU and approved to receive a permit.
3. Indoor and outdoor hospitality, including club houses which provide catering and bar services should only re-open when it is safe to do so, in accordance with Scottish Government guidance.
4. Sports venue operators and clubs may open toilets for public use if they follow the guidelines outlined on the Scottish Government website [Opening Public Toilets Guidelines](#).
 - i Public toilets are defined as any toilets accessible to the public. The opening of toilets should be accompanied by local risk assessment, and control measures should be proactively monitored by clubs and venue operators.
 - ii All appropriate cleaning procedures and equipment/disinfectant should be provided as per Health Protection Scotland guidance.
5. No spectating should take place other than where a parent, guardian or carer is supervising a child or vulnerable adult.
6. All sports organisations/venue operators hosting practice and/or competitive events must abide by relevant SGB guidance and have a named 'Covid Officer' who will complete documented risk assessments and ensure all appropriate mitigations are put in place by the sports organisation/venue operator before any outdoor competition or event is undertaken.

Outdoor sporting bubbles for training, competition, or small-scale events (Levels 0-3)

7. An outdoor sporting 'field of play bubble' can consist of a maximum of 30 people including coaches, officials and other support staff at any one time. Multiple outdoor sporting bubbles, each with up to 30 people, can be used in training, competition or small-scale sporting events. In such cases facility operators, organisers and deliverers should undertake comprehensive risk assessment to ensure that these bubbles do not mix at any time including before, during or after the activity. Children aged 11 years and younger are not required to physically distance, as set out in Scottish Government guidance.
8. Total numbers taking part in training, competition or events, other than detailed below, should not exceed 200 people in any one day, including organisers, officials and participants. Once an individual has completed their activity, they should immediately vacate the 'field of play' and are then subject to normal household rules.

- i Permanent outdoor sport, leisure and club facilities which are accessed on regular basis by the general public and/or club members and have in place a designated COVID officer and appropriate risk assessments may exceed the limit of 200 people, in a single day, if mitigating measures are put in place to protect participants and staff.
 - ii Total participant numbers allowed to take part in small-scale events at Levels 0, 1 & 2 are being reviewed by Scottish Government. Further information will be provided once available.
9. Coaches can run organised outdoor group training sessions in protection Levels 0-3 with a maximum of 30 people involved at any one time or as agreed through approved [SGB Guidance](#) and [Scottish Government \(COVID-19\): guidance on the opening of indoor and outdoor sport and leisure facilities](#). They should ensure to follow specific guidance on [sporting bubbles](#) within this document.

Outdoor sporting bubbles for localised training and competition (Level 4)

10. Children (aged up to 11 years) can take part in outdoor contact and non-contact organised sport including training, group exercise and competition within their usual club or facility environment. This does not include inter club competition. A children's outdoor sporting 'field of play bubble' at Level 4 can consist of up to 30 people including coaches and officials at any one time.
11. Young People and adults (aged 12 years and over) can take part in non-contact organised sport including training, group exercise, aerobics, fitness classes and competition within their usual club or facility environment. An outdoor sporting 'field of play bubble' for young people and adults at Level 4 can consist of up to 15 people, including coaches, at any one time. Physical distancing should always be maintained.
12. Where there are multiple bubbles operating at the same venue these must be risk assessed to ensure there can be no mixing of participants before, during or after the activity. Specific mitigations could include staggered start times, limiting car parking or controlling access / egress points.
13. Coaches can run organised outdoor non-contact group training sessions in protection Level 4 for a maximum of 15 people aged 12 years or over (including the coaches) and for up to 30 children (including the coaches) aged under 12 years.

PRE EVENT

- Electronic entry only. This can be online entry, telephone entry or email (including payment – e.g. bank transfer). There will be no paperwork process between Rider and Club.
- Organising Club must carry out Covid-19 Risk Assessment and submit to the SACU for approval This is to ensure all restrictions and guidelines have been considered and the risks either mitigated or removed
- Entry restricted to vehicle parking and course capacity to ensure social distancing, this should be pre agreed with the SACU
- Only one person per vehicle should travel to the event unless they are part of the same household (e.g. parent/guardian accompanying a child or vulnerable adult)

- All machinery and equipment to be clean and disinfected by riders prior to travel
- All machinery and equipment should be mechanically sound and ready to use prior to travel
- Riders should be prepared in advance to service their own machine in the event of a breakdown
- All Riders to bring with them face masks and hand sanitiser

AT THE EVENT:

- Riders must obey Scottish Government social distancing rules at all times
- Please park with a least a car width between vehicles
- Upon arrival, the temperature of every individual will be taken utilising a non-contact method of measurement. Any individual whose temperature exceeds 38°C will not be permitted entry. Officials taking the temperature measurements will wear appropriate PPE.
- Absolutely no spectators are allowed
- Sign on will be contactless. Present your licence to the event secretary from a safe distance. Pens/pencils/paper should not be shared.
- No riding of machinery prior to start, follow the instructions of the Clerk of the Course
- Riders must remain in their vehicles and wait to be called before proceeding to the start area
- When leaving the track/course/section, riders should return directly to their vehicle
- In the event of an incident occurring, medical staff must use appropriate PPE.
- Marshals should not remove helmets or gloves from fallen riders. Once a scene is assessed if Medical assistance is required it should be summoned in the normal fashion. Once Medical Services are on scene marshals should either retire to an appropriate distance, or if requested to assist Medical Staff, ensure they have the correct levels of PPE to protect them.

FURTHER GUIDANCE

Clubs and event organisers should follow the specific guidance outlined by their relevant discipline committee:

- Trials
- Enduro
- Motocross and Quads
- Road Race

Clubs and event organisers must also comply with general SACU and insurance regulations.

**ANYONE SHOWING SYMPTOMS OF COVID-19 SHOULD NOT ATTEND THE EVENT
UNDER ANY CIRCUMSTANCES. PLEASE STAY HOME.**