



Enigma Gymnastics Club

Community Profile

2022-23

*An inclusive gymnastics club
serving the people of Levenmouth
and beyond.*

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1. Summary

This document profiles the community served by Enigma Gymnastics Club. The purpose of this document is to support and enable information-based decision making by club leaders and enable external stakeholders to better understand the role of the club in the local community

This profile was written in collaboration between Club leaders and staff from Active Fife with support from the **sportscotland** [Changing Lives through Sport and Physical Activity](#) Direct Club Support Programme.

1.1 Methodology

Data, information and feedback were gathered from a variety of sources including:

- Levenmouth Local Community Plan
- Fife Local Police Plan
- SIMD analysis
- Community map
- Survey of club members
- Stakeholder conversations with Active Schools, Fife Council youth work and community managers, Scottish Gymnastics and Community Sport Hub staff
- Workshops and discussion with club leaders

1.2 About Levenmouth

Levenmouth is an economically diverse community of nearly 38,000 people where just over 50% of the population live in areas located within the bottom 30% of the Scottish Index of Multiple Deprivation (SIMD). There are pockets of deprivation throughout the area; 27% of households living in fuel poverty, 17.1% of unemployment, and 26.9% of children living in poverty.

Sport and physical activity is well placed to contribute to local needs and outcomes because of strong partnerships within Fife Council, good local physical assets and facilities, the resources of the Levenmouth Community Sport Hub and support of the 4DX (Fife Council & Fife Sport and Leisure Trust).

1.3 About Enigma Gymnastics Club

The club's vision is to help build a proud local community where people can thrive in sport and in life. As a local charity we provide opportunities for participation and learning in gymnastics and other community-based activities in the Levenmouth area. We encourage family engagement, a positive attitude, and promote life-long involvement in sport to improve the physical and mental health and wellbeing of our community

The club has huge aspirations for the future to become a key contributor to the entire community. They aim to play their part in the ongoing community recovery from the pandemic, building strengthened relationships with the non-sporting sectors in Levenmouth.

1.4 Club Vision

“To help build a proud local community where people can thrive in sport and in life”

The club’s key ambitions for 2022-23:

- 1. Increase participation in gymnastics, especially for low-income families**
 - a. Use fundraising initiatives to support low-income families into club membership
 - b. Develop our food distribution network through Cafe Inc for holiday camps
 - c. Address that cost is one of the biggest barriers in the local community, work in partnership with others in the network to support those in need.
 - d. Support local children and young people by offering volunteering opportunities through the club

- 2. Support people within the club - a person-centred approach**
 - a. Create a person-centred approach to the delivery of gymnastics at Enigma
 - b. Embed a mental-wellbeing culture throughout the entire club, nurturing the people
 - c. Value and develop the volunteer workforce, accredit their efforts where possible
 - d. Continue to use the club as a ‘safe environment’ for members and volunteers

1.5 Contribution to Levenmouth and Fife

Following an extensive process of identifying local needs and desired outcomes, the club has chosen a series of priorities which contribute directly to those needs.

Community Need/Local Priority	Club Priority
Increase opportunities for children and young people to realise their potential in spite of economic or social barriers. (Inclusion)	Increase participants from low-income families Use fundraising initiatives to set up a fund to support low incomes families into club membership
Map and Coordinate local activities which improve people's mental health .	Raise the profile of mental health issues and services within the club membership, embedding a new mental wellbeing culture in the delivery of gymnastics
Increase numbers of school leavers accessing vocational training, apprenticeships and placement-based experience	Club to develop their offering to school-aged volunteers through accredited work-based learning qualifications
Prioritise and coordinate resources to combat persisting poverty, with a focus on food poverty and insecurity	Set up a food donation network in the club to help combat food poverty in the local area
Increase the number of those taking part in voluntary activity through community groups.	Attract, retain and train volunteers into coaching, support and leadership roles
Nurture programmes which bring together different generations .	Continue to develop an inter-generational programme that brings together the wider families of club members and engages older people in the local area, through walking netball, pickleball and a social walking group
Anti-social behaviour in the immediate local area to the club	Form local partnerships and deliver activities that reduce anti-social behaviour in the immediate local area to the club
Investment in community facilities to better provide activities which enhance well-being and community cohesion	To create a community sports facility that can be used to better provide activities which enhance well-being and community cohesion

1.6 Contribution to sporting outcomes

The ambitions outlined above make a direct contributions to the strategic plans of both Scottish Gymnastics and **sportscotland**, specifically:

1. Invest in and support the development of members to help them achieve their objectives and aspirations, at all levels
2. Develop and maintain an effective partnership with members and wider partners, supporting sustainable club development
3. Build a reputation for effective leadership for the sport, underpinned by strong governance
4. More collaborative partnerships between sport and non-sport organisations
5. A sporting system that is more inclusive and responsive to community needs
6. A more active Scotland

2. Understanding the community

2.1 Levenmouth Community

We have defined the “Levenmouth Community” as the geographical area where the vast majority of current club participants live. The map of Scottish Index of Multiple Deprivation was chosen as the basis for defining these areas. The following Intermediate Zones were included:

Wemyss
Thornton and Kinglassie
Glenrothes Macedonia and Tanshall
Glenrothes South Parks
Glenrothes Balfarg Pitcairn and Coul
Glenrothes Casbieberran and
Rimbleton
Glenrothes Auchmuty
Glenrothes Stenton and Finglassie

Glenrothes Pitteuchar
Glenrothes Woodside
Glenrothes Balgeddie and Town Park
Glenrothes Collydean
Glenrothes Cadham and Pitcoudie
Markinch and Star
Methil Methilhill
Windygates and Coaltown
Buckhaven, Denbeath and Muiredge

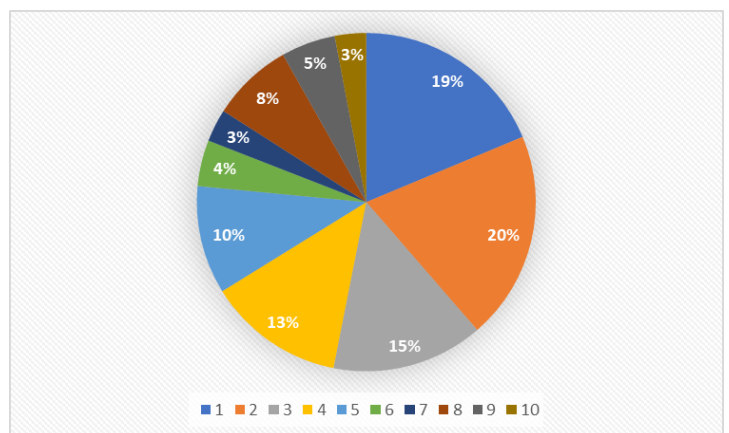
Methil East
Methil West
Leven North
Leven East
Leven West
Largo

2.2 SIMD analysis

Below is information detailing the Levenmouth and surrounding community population. This serves as a basis for comparison to the membership of the club.

Catchment Population SIMD deciles

Decile	Pop. No.	%
1	13,414	17%
2	14,311	18%
3	10,374	13%
4	9,370	12%
5	7,422	9%
6	3,161	4%
7	2,243	2%
8	5,580	7%
9	3,713	4%
10	2,150	2%
	76,318	

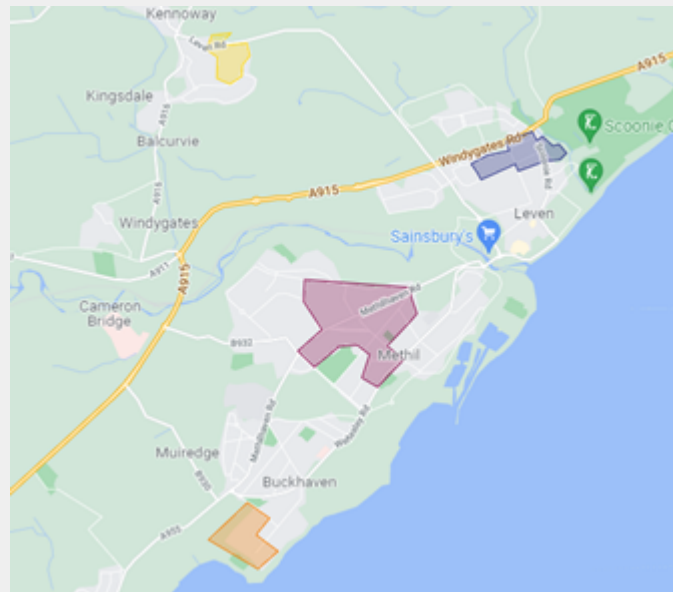


The local community contains a wide spread of multiple deprivation, with a skew towards the lower end of the spectrum. 69% of the population live in the bottom 50% of data zones.

2.3 Community Map

SIMD - areas of Levenmouth with the highest relative deprivation

This image outlines the four main areas of deprivation in Levenmouth. These areas are; Sandybrae (yellow), Leven East (blue), Methil East & West (purple), and Buckhaven (orange). The main insight from the map is the close proximity of the gymnastics club to the Methil community, located in decile 1 of the SIMD.



Community Partners & Local Landmarks

This image outlines potential Community Partners, as well as local landmarks. The purple pin represents Enigma Gymnastics Club's location. Particular attention should be drawn to the yellow pins in close proximity to the club, most notably those in Methil and Buckhaven. Organisations such as Methil Community Children's Initiative, Savoy Centre, The Samaritans, and Buckhaven Community Centre have potential to form a strengthened working relationship with the club.



2.4 Local Community Needs

A review of The Plan for Fife, Levenmouth Local Community Plan, Fife Mental Health Plan, Fife Local Police Plan and SIMD; alongside the community map and local partner discussions; has identified a shortlist of local needs or desired outcomes which Enigma Gymnastics Club could feasibly make a contribution towards:

1. Increase opportunities for children and young people to realise their potential in spite of economic or social barriers.
2. Increase numbers of school leavers accessing vocational training, apprenticeships and placement-based experience
3. Anti-social behaviour in the immediate local area to the club
4. Prioritise and coordinate resources to combat persisting poverty, with a focus on food poverty and insecurity
5. Develop initiatives which increase opportunity for children and young people to realise their potential in spite of economic or social barriers.
6. Nurture programmes which bring together different generations
7. Map and coordinate local activities which improve people's mental health
8. Coordinate investment in community facilities to better provide activities which enhance well-being and community cohesion
9. Increase the number of those taking part in voluntary activity through community groups

2.5 Community Assets and Strengths

Below is list of unique strengths and assets within the community which provide for a strong basis for sustainable impact through sport and physical activity:

- Strong partnerships within Fife Council - Active Fife (Sports Development, Active Schools & Community Use Schools), Education and the Community Development Team (Youth Workers and Community Education) collaborate closely and provide strong links for sports clubs to local communities.
- Levenmouth Community Sport Hub - a group of like-minded community clubs, from a variety of sports, which drive the sporting and physical activity agenda for the whole Levenmouth area.
- Physical Assets - there are good standard traditional sporting sites in the area, including Levenmouth Academy Community Use, Levenmouth Pool, as well as community halls and centres and sports club venues
- sportscotland Partnership - very strong network of support in the area from officers at sportscotland, Fife Council, FSLT, and NHS Fife. All of whom are driving a cultural health and wellbeing change in Methil/Methilhill through sport and physical activity.

3. Understanding the club

3.1 About Enigma Gymnastics Club

The club's vision is to help build a proud local community where people can thrive in sport and in life. As a local charity we provide opportunities for participation and learning in gymnastics and other community-based activities in the Levenmouth area.

We encourage family engagement, a positive attitude, and promote life-long involvement in sport to improve the physical and mental health and wellbeing of our community. Since returning after the enforced break due to the pandemic, we now provide 4 gymnastics classes per week. We aim to develop gymnastic skills within our provided sessions at an affordable rate offering opportunity to participate in the sport of gymnastics within an area of regeneration. General, Disability, Women's Artistic, Acrobatic and Trampoline gymnastics are offered. Enigma GC provides opportunities for approximately 110 gymnasts and 23 volunteers. Open to girls and boys. Opportunities are given for young people from 4 to 18 years to develop programmes for children with disabilities through a referral-based programme from Disability Sport Fife.

The pandemic gave rise for our club to think differently. Not only do we now offer gymnastics provision but also weekly activities for our adult volunteers and friends, walking netball and a health walking group. During holiday periods, we branched out using the skills of our volunteers to offer outdoor family activities. Recognising the effects of the pandemic on our membership (both gymnasts and volunteers) we embarked on a project which supported the Changing Lives approach to the way in which we run our club. Monthly volunteer training and development sessions with The True Athlete Project has seen a programme to facilitate personal & professional skill development, in support of continued positive wellbeing of gymnasts. This approach is now being implemented in classes which nurtures the wellbeing of our gymnasts, creating an emotionally safe place accessible to young people in the area.

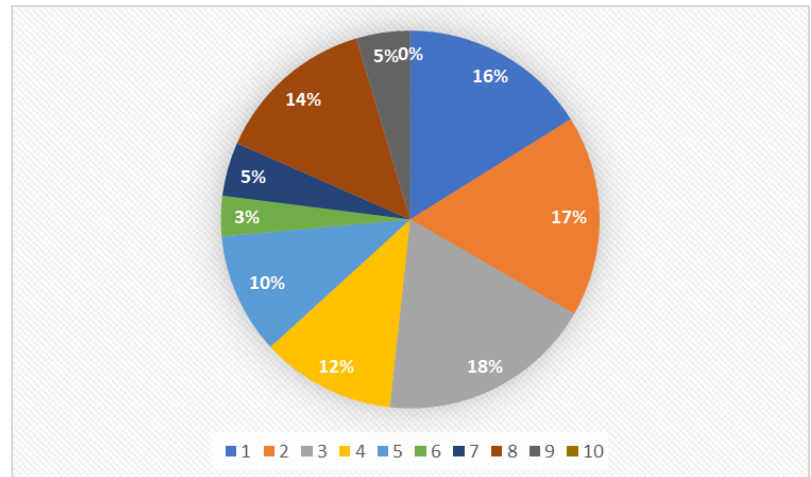
We are proud of our Club and are really pleased to announce we are a [GymMark](#) club and have [ClubFife](#) activity provider status. Such accreditation means that our club is recognised as providing a service in the community, that children and young people, their parents / carers, and others with an interest in gymnastics, can trust.

3.2 Membership by SIMD Decile

The information below details the extent to which the club is inclusive of local people who live in areas of relative deprivation.

Members who live in each SIMD decile

Decile	Members	%
1	14	16%
2	15	17%
3	16	18%
4	10	11%
5	9	10%
6	3	3%
7	4	4%
8	12	13%
9	4	4%
10	0	0%
Total 87		



Club membership contains a spread of multiple deprivation, with a strong basis for becoming more inclusive.

Cumulative Percentage of Members v Catchment v Fife who live in each SIMD decile

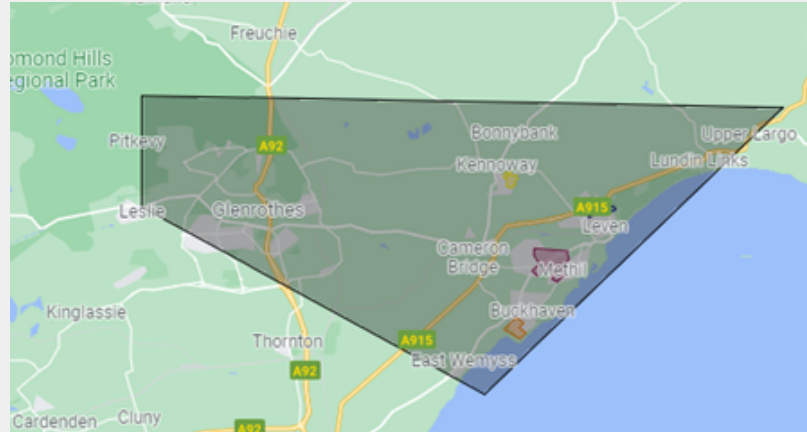
Decile	Fife	Catchment	All members
1	8%	17%	16%
2	20%	35%	33%
3	30%	48%	51%
4	40%	60%	62%
5	51%	69%	72%
6	58%	73%	75%
7	67%	75%	79%
8	78%	82%	92%
9	88%	86%	96%
10	99%	100%	100%

- 72% of members live in the bottom 50% of data zones compared to 69% of the catchment community.
- The distribution of club members across SIMD deciles generally matches that of the geographical catchment area. Please note that the membership catchment takes in areas of Glenrothes which may skew findings, but in general the high levels of deprivation are an accurate representation.

3.3 Membership maps

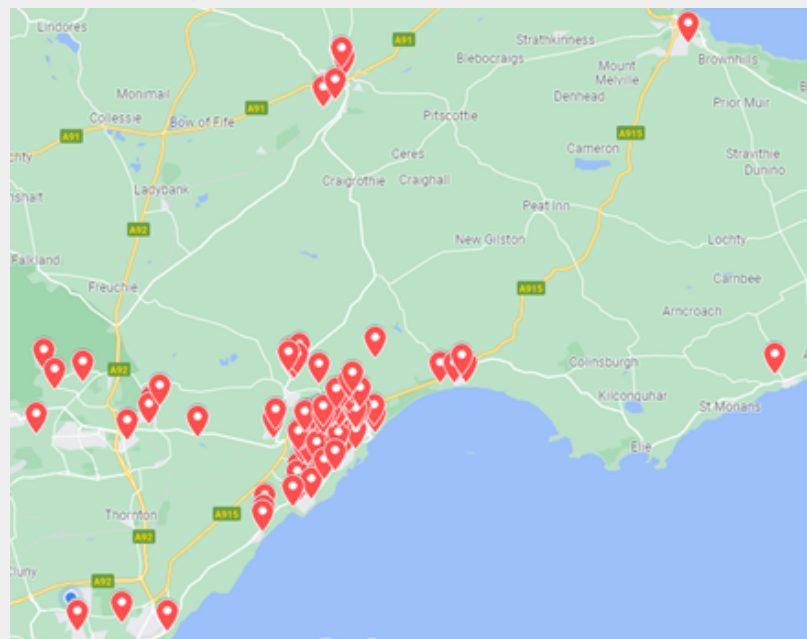
Club Catchment Area Map

This map shows the catchment area in which the majority of the club membership resides. Add insights....



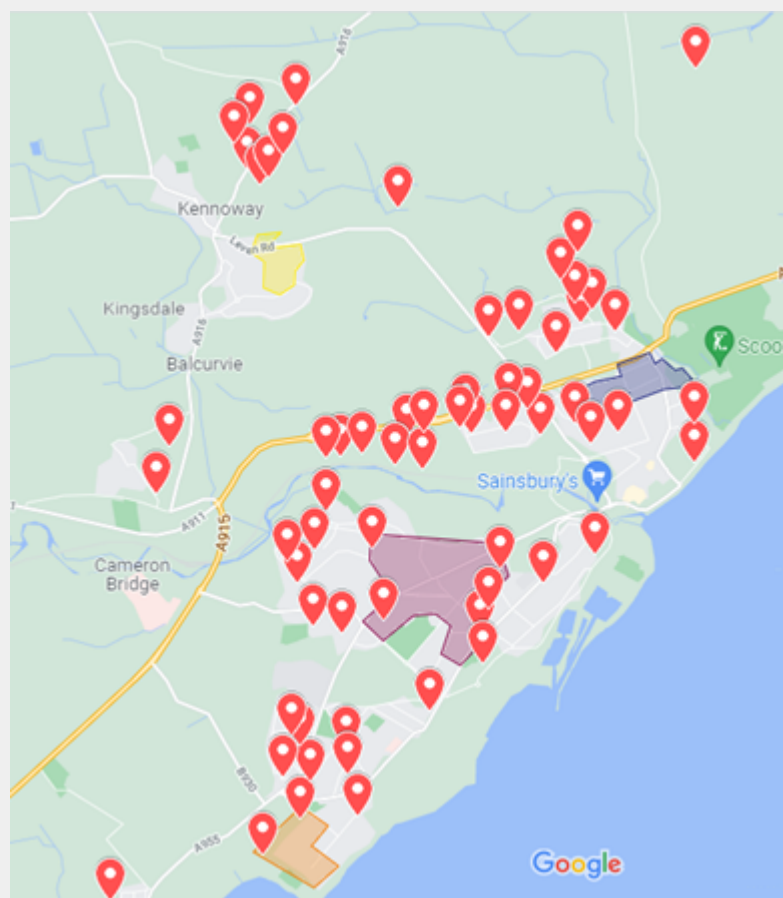
Club member locations

The below image shows the home postcodes of each club member. Each red pin represents one member, with the club having a very strong base of membership within the Levenmouth area, as well as the surrounding towns and villages.



Club Membership & SIMD Map

This image cross-references the club membership with the most deprived communities in Levenmouth. The main insights from this are the lower membership numbers in these geographical areas, for instance there are no members in the Leven East and Sandybrae communities. However a relatively strong membership exists in the Methil East and West areas. This image shows a need for the club's further engagement in the SIMD 1&2 areas to achieve positive social change through sport and physical activity.



3.4 Projects

The True Athlete Project: as part of the clubs 'Direct Club Support Programme' in partnership with sportscotland and Active Fife, a basic needs analysis was carried out with the board members to identify any immediate needs following their phased return from the pandemic. The mental wellbeing of the membership (participants and volunteers) was seen as an immediate need, with the opportunity to create a cultural change in the club, embedding a wellbeing and care culture throughout. The services of The True Athlete project were sourced through assistance from Fife Council's Local Community Planning Budget - the grants committee bought into the vision that the club were addressing a need within the whole Levenmouth community through gymnastics. The True Athlete Project have led a series of workshops with the whole volunteer workforce of the club, using the 5 Ways to Wellbeing (NHS Scotland) framework as well as lived experiences from their global support to community organisations such as Enigma, to create change. The club will make wellbeing their focus throughout delivery elements of their training as well as 'down-times' in the sessions to better support their members.

Volunteer Accreditation & Recognition: the club is currently working in partnership with Scottish Gymnastics and the Scottish Qualifications Authority (SQA) to add value to their 'Leadership' programme for volunteers. Currently volunteers within the club give up a significant amount of their

time, but none of the qualifications currently merit that time spent in the club's opinion. By accrediting the work to an SQA qualification, this will add further value to volunteering at the club, especially school-aged volunteers. Levenmouth has a high percentage of school-leavers who have low levels of numeracy and literacy skills, stunting their progression into paid employment. This proposal has potential to address a need within the club, as well as in the community.

Health Walks: due to the facility restrictions imposed on the club due to COVID, Enigma Gymnastics Club worked hard to continue their high levels of engagement and support to the membership, with some coaches undertaking 'Walk Leader Training'. Club health walks were a weekly occurrence where members had the opportunity to connect with each other, whilst being active. Given the club are now back to running their regular amount of weekly sessions, these walks happen more irregularly but there is still a need, in their opinion, to continue the offering.

Multi-Sport Approach: seeing value in their walking initiative the club have also branched out into other sporting disciplines to support the community of Levenmouth through physical activity (using an intergenerational approach). The club currently offer walking netball and pickleball as alternatives for members, non-members and the wider Levenmouth community to get active.

4. The Club in the Community

4.1 Contribution to Local Community Needs

The community needs were identified through findings from the Plan 4 Levenmouth (Fife Council), NHS Mental Health Plan, and Police Scotland Area Plan

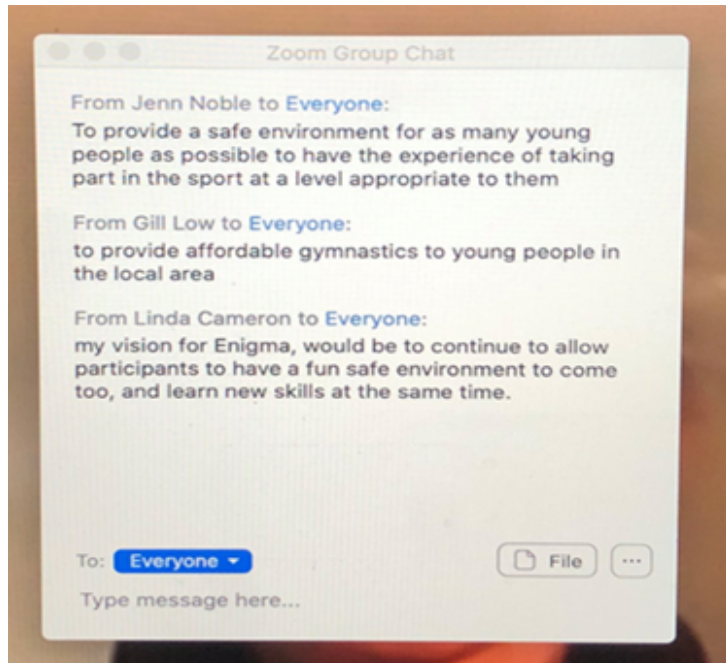
Community Need/Local Priority	Club Priority	Potential for Club Action Plan
Increase opportunities for children and young people to realise their potential in spite of economic or social barriers. (Inclusion)	Increase participants from low-income families Use fundraising initiatives to set up a fund to support low incomes families into club membership	HIGH The club has been very successful in this space throughout their time. They have a great understanding of the local community needs, with Levenmouth being one of the most deprived communities in Fife. A continuation of their partnership work with the local schools and headteachers to offer a targeted provision to specific young people. The club could look to build connections with local youth workers to aid with volunteering opportunities, something the club has a strong history in - educating the youths of Levenmouth through gymnastics.

Map and Coordinate local activities which improve people's mental health .	Raise the profile of mental health issues and services within the club membership, embedding a new mental wellbeing culture in the delivery of gymnastics	HIGH The club should continue to strive to improve the mental wellbeing of their members (participants and volunteers) of all ages through gymnastics, with the support of The True Athlete Project. This cultural change which involves embedding the 5 Ways to Wellbeing practices into their practical delivery will ultimately improve members' mental wellbeing through indirect measures. The club has potential to use these delivery methods in the outreach programmes they are involved in with Active Schools e.g. breakfast clubs.
Increase numbers of school leavers accessing vocational training, apprenticeships and placement-based experience	Club to develop their offering to school-aged volunteers through accredited work-based learning qualifications	MEDIUM The clubs strong partnership with Active Schools' leadership pathways in the local area allows upper high school aged gymnasts to support the delivery of the sport in the community (mainly through curricular/extra-curricular provisions in neighbouring primary schools). In addition, the club is exploring the opportunity to create an accredited volunteer training pathway within the club in partnership with Fife Voluntary Action. This will allow volunteers, young and old within the club, to gain valuable employability experiences.
Prioritise and coordinate resources to combat persisting poverty, with a focus on food poverty and insecurity	Set up a food donation network in the club to help combat food poverty in the local area	MEDIUM The club prioritised the insecurity of their members very highly through the pandemic, by delivering gifts to juniors in order to keep an active involvement in the sport. There's potential for Enigma to link up to the Cafe Inc provision which is facilitated by Fife Council, either by offering grab-n-go bags to their members at holiday camps, or by becoming a physical presence at local sites to engage with those most in need.
Increase the number of those taking part in voluntary activity through community groups.	Attract, retain and train volunteers into coaching, support and leadership roles	MEDIUM The club should build on their already strong volunteer base, and align this to the local community need through Gymnastics, as well as their new avenues of Walking Netball and Group Walks.
Nurture programmes which bring together different generations .	Continue to develop an inter-generational programme that brings together the wider families	MEDIUM The club now has potential to offer multi-sport provisions for different generations under the same organisational umbrella. During restrictions, the expansion of the club into walking netball and group walk sessions has been able to offer the same community-focussed physical

	of club members and engages older people in the local area, through the walking netball and walk groups	activity, but through different modes. The 'new norm' for Enigma now is their growth into a truly inclusive multi-sport community club - new participants and volunteers alike have a variety of options to engage with this club who are becoming a focal point of community sport in Levenmouth.
Anti-social behaviour in the immediate local area to the club	Form local partnerships and deliver activities that reduce anti-social behaviour in the immediate local area to the club	LOW Given the target demographic of the sport/club does not correlate with those conducting anti-social behaviour in the nearby areas, this is a low level focus of the club to address the community need. There is however potential for the club to support, in some capacity whether through gymnastics, walking netball, or group walks, a Friday night youth provision at Levenmouth Academy in partnership with 'Game On' and 'Twilight Basketball'.
Investment in community facilities to better provide activities which enhance well-being and community cohesion	To create a community sports facility that can be used to better provide activities which enhance well-being and community cohesion	LOW The club currently resides in the Levenmouth Academy Annexe building, therefore any investments/improvements in the facility are driven by Fife Council.

4.2 Club Leader Priorities

The needs / outcomes from the table above were used in a 'Priorities Pyramid' exercise with the club board. Below is the final agreed upon pyramid:



4.3 Club Leader Inclusion Continuum

The image below shows the club board's perception of how included/excluded demographics in society feel towards Enigma Gymnastics Club:



4.4 Partnership discussions

We have had ongoing discussions with key partners to help increase our understanding of the community that Enigma Gymnastics Club serves and to identify how the club can make an effective contribution to local needs. Below is a summary of key points from these discussions:

Tracey Harley (Planning Coordinator) – Levenmouth Health & Social Care Partnership, Fife Council

- From conversations with Tracey as part of the Levenmouth Health & Social Care Partnership group, she suggested that the most relevant part of the 'Fife Mental Health Strategy' to focus on for Enigma Gymnastics Club would be - Commitment 1: Prevention & Early Intervention
- The commitment claims that mental health is just as important as physical health - "no health without mental health".

David Paterson (Levenmouth Area Community Manager) - Fife Council

- Early communication with David was key in terms of gaining support for the club's changing lives ambitions. Ensuring he had an understanding that the club were addressing community needs as part of their development plan was a vital conversation which ultimately ensured the Local Community Planning Budget (LCPB) gave financial assistance to the club to outsource The True Athlete Project's time.
- Whilst citing a range of local community needs for the 'Plan 4 Levenmouth' (devolved version of the Plan 4 Fife) that the gymnastics club could address through their 'changing lives through sport and physical activity' work, it was the focus on the mental wellbeing of all Enigma members that David was most impressed by. The potential drip-feed of practices out into the wider community - a very deprived community - showed that sport can change lives.

Callum Reston (Levenmouth Academy Cluster Active Schools Coordinator) - Fife Council

In his capacity as Active Schools Coordinator in the gymnastics club's immediate catchment area, Callum is extremely passionate about helping the club (and sport in general) achieve positive social outcomes in the community. He supplied the following statistics:

- **Primary Cluster totals (boys and girls)** = Boys - 1266, Girls - 1206. Total - 2472
- **School roll at Levenmouth Academy** = 1512
- **No. of pupils completely inactive in Cluster** = 1407
- **% of above pupils in SIMD 1-3** = 52%
- **% of above pupils that are female** = 28%
- **No. of pupils eligible for free school meals** = Primary - 814, High School - 514. Total - 1328

In partnership with Levenmouth Community Sport Hub and Network Rail, Enigma will be promoting rail safety messages through sports participation, to the most deprived communities within

Levenmouth. This initiative will further highlight the clubs inclusive approach to sport and physical activity delivery.

Jay Runga (Coach Development Manager) & Sarah Logan (Club Development Manager - Scottish Gymnastics)

- As the clubs National Governing Body, Scottish Gymnastics are keen to support the club and changing lives programme as best as possible whilst linking in to their national and regional objectives
- Both Jay and Sarah would like to assist the club on their changing lives journey, with Jay agreeing to deliver a 'Coaching the Gymnast in front of you' workshop to all deliverers in the club. This will enhance the work The True Athlete Project is providing Enigma with also.
- Sarah will aim to incorporate her learnings from the Changing Lives Champions Programme into her support to the club from a National Governing Body perspective.

Ross Taylor (Community Sport Hub Officer) – Fife Council

- Enigma Gymnastics Club has a strong affiliation within the Levenmouth Community Sport Hub, forging successful relationships with the other clubs
- Ross has been taking the learnings from the Enigma Changing Lives project and trying to implement them (to a lesser degree) in the hub environment. This way of working will ultimately aid the gymnastic club's development, whilst giving sport and physical activity a stronger place in the local community.
- The gymnastics club has a strong working relationship with the rest of the hub clubs, with an aim of a whole hub approach to achieving positive social change through sport and physical activity, in the immediate communities.

David Service (Education Officer) - Spartans Community Football Academy

- David offered the Enigma Gymnastics Club board an insight into the operations of a mental wellbeing focussed sports programme. Spartans currently deliver, as part of the School of Football Programme at Craigroyston High School, 5 Ways to Wellbeing football sessions with each session being themed under one of the five topics.
- The Enigma board, although initially keen to embed these practices into their practical delivery, the practicalities of how this can be achieved was unknown. David, however gave a detailed account of how 'give' or 'take notice' for instance can be incorporated into the sessions.
- This discussion brought the conversation to life and showed Enigma it can be achievable.

Sam Parfitt (CEO/Founder) - The True Athlete Project

- Sam partnered up with the club to offer a series of training workshops themed around the newly adapted mental wellbeing and care culture Enigma are embracing
- As well as the board, the whole volunteer workforce of the club bought into Sam's training which allowed for the maximum impact possible to be evidenced
- Sam was able to work alongside the club board to create a needs-based type of training, whilst also leaning on expertise from previous projects, as well as contacts from around the world to help support Enigma.

4.5 Theory of Change

WHO WE SERVE			WHAT WE DO	WHY WE DO IT		
People & Communities	Needs	Strengths	Activities	Outcomes for individuals	Outcomes for communities	Impact for Scotland
These people....	experience these needs and challenges....	but have these strengths and interests...	so we deliver these activities...	which creates this change for individuals...	and this impact for Levenmouth and Fife...	which helps this impact for Scottish Gymnastics and sportscotland
Gymnastic enthusiasts - female and male children, and young people living in Levenmouth and surrounding areas with an interest in being active	- Increased pressure on their mental health - Limited opportunities to form connections with peers during covid	- Desire for physical activity - Socialising with peers - Affinity to local area - Sense of community	- Affordable for all ages - Community Gala’s and Social Activities (group walks, walking netball, pickleball) - Holiday Camps and school outreach sessions - Coaching and officiating support	- Reduction of barriers to taking part - Improved physical and mental wellbeing - Better connections with trusted adults and peers - Increased awareness of mental health issues - Gaining of qualifications (young volunteers) - Greater sense of belong to their community	- More opportunities for children & young people from low-income areas - Stronger community cohesion - Increase numbers of school leavers accessing training	- Gymnastics is more inclusive, offering more participation opportunities over performance - To be stronger, better managed, better financed clubs working to business plans. - Have world class volunteers driving clubs. - Support more professional members of staff in member clubs. - More partnerships between sport & non-sport organisations - A sporting system that is more inclusive and responsive to community needs - More active Scotland
Families with low-incomes - children, young people and their families living in areas of deprivation in Levenmouth.	- Low incomes including problems accessing kit - Lack of opportunities - Mental health issues - Food poverty - Variable community cohesion		- Outreach sessions in partnership with Active Schools - Financial support with club fees - Food (holiday camps) & kit distribution network			
Our views are based on these assumptions and evidence: - The Plan for Fife - Levenmouth Local Community Plan - Fife Local Police Plan - SIMD data			We use these inputs, resources and facilities to deliver: - An improved club culture - Funding support	We collect this data as evidence that outcomes are happening: - Member demographic data at sign-up with annual checks - Number of people taking part (including receiving financial support) and total hours of physical activity - Pre-season and end-season surveys of all members - Interview with project partners		