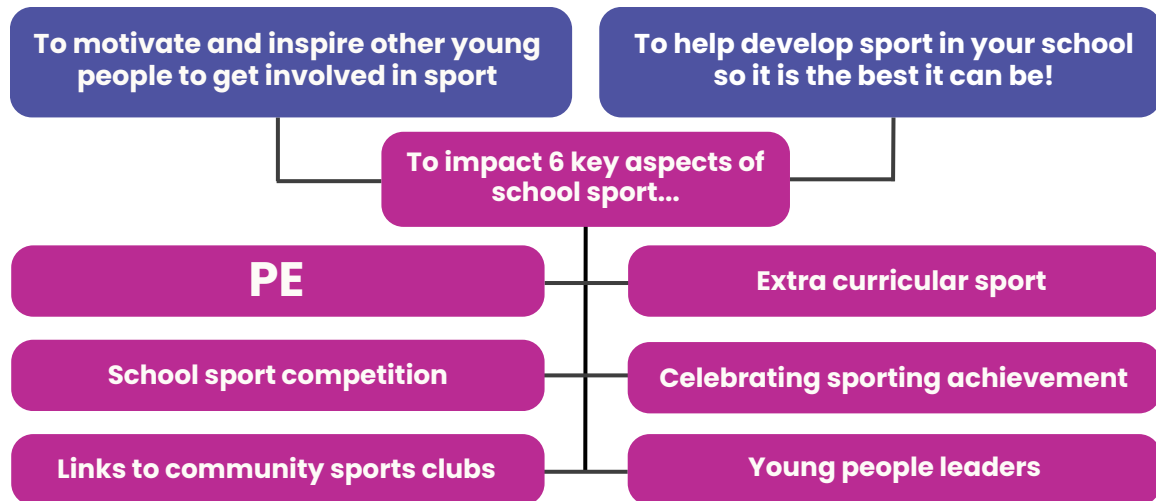


# Young Ambassador Role Description

The Young Ambassador Role is funded by the National Lottery and is a key element of sportscotland's contribution to developing young people as leaders in sport.

Every secondary school across Scotland has the opportunity to recruit Young Ambassadors to promote sport and motivate and inspire other young people to get involved in sport in a wide range of settings within their local communities, including schools, clubs and community organisations.

There are two key elements to the role of the Young Ambassador:



## Responsibilities

- To meet and work with another Young Ambassador in your school to develop ideas that will help the school community to be more active.
- Act as a role model to help inspire other young people in your school to get involved in sport and physical activity.
- Use the [School Sport Award](#) development tool to create a plan, develop your ideas, make new connections, and make on the impact in an area of most need.
- Promote your work through assemblies, school noticeboards, newsletters, social media for example.
- Attend the Young Ambassador Conference in September and bring back new ideas to implement within your school.

## What we are looking for:

- Aged 14-18 years.
- A passion for engaging the whole school community to be more active.
- An ability to communicate that enthusiasm to other people.
- Willingness to work as part of a team to achieve project aims.



## Skills you can gain as a Young Ambassador:



Skills gained	Indicators
Confidence	<ul style="list-style-type: none"><li>• I believe in my own ability and think positively about myself.</li><li>• I can seek out and participate in new opportunities and experiences.</li><li>• Are not afraid to ask questions to gain information and support.</li><li>• I can challenge myself and learn from my mistakes.</li></ul>
Communication	<ul style="list-style-type: none"><li>• I can effectively communicate, using a variety of methods.</li><li>• I can listen attentively and respond accordingly.</li><li>• In group settings, I feel comfortable to speak and express my thoughts, feelings and opinions as well as listening to others.</li></ul>
Organising & planning	<ul style="list-style-type: none"><li>• I can create a plan and set SMART Goals.</li><li>• I can take responsibility for goals.</li><li>• I can prioritise tasks.</li><li>• I can work to deadlines.</li></ul>
Leading & influencing	<ul style="list-style-type: none"><li>• I understand my own strengths and values.</li><li>• I am a positive role model to others.</li><li>• I can share my learning and skills with others.</li><li>• I can support and motivate others to be their best.</li><li>• I can delegate tasks to others.</li><li>• I can influence others.</li></ul>
Decision making	<ul style="list-style-type: none"><li>• I can analyse information.</li><li>• I can ask for more information and for support if needed.</li><li>• I can explain why I made a choice based on the information.</li><li>• I can reflect on decisions I have made.</li></ul>
Problem solving	<ul style="list-style-type: none"><li>• I can identify what a problem is and what the cause may be.</li><li>• I can break problems down into smaller parts.</li><li>• I can come up with possible solutions.</li><li>• I know the impact and if it solved the problem.</li></ul>
Creating change	<ul style="list-style-type: none"><li>• I can represent the views of young people.</li><li>• I can act on issues that are important to me and others in my school.</li><li>• I can play an active role in delivering change in my school.</li><li>• I can recognise how my actions impact others.</li><li>• I can identify new way of working.</li></ul>
Relationship building	<ul style="list-style-type: none"><li>• I can include others in groups.</li><li>• I can ask questions to find out more about a particular topic or person.</li><li>• I am curious about others.</li><li>• I am empathetic to others.</li></ul>

To find out more about the role and see real life examples of the work and achievements of previous Young Ambassadors, visit the [sportscotland website](https://www.sportscotland.gov.uk/).