

## PHILOSOPHY AND VALUES

Score the below from 1-5:  
**5 being highly rated**  
**1 being not highly rated**

### COACH:

The strength of your coaching philosophy.

Your leadership.

Your ability to actively seek feedback assisting with your own self improvement.

Your ability to evaluate your own performance?

Your ability to learn from experience?

Your ability to identify your own development needs?

Your ability to seek opportunities for self improvement and personal development.

Your ability to use plain language (avoiding jargon) when communicating.

Your ability to seek feedback on your performance?

Your ability to ask questions to confirm understanding.

Your coaching manner, style and presence when coaching and engaging others.

Your ability to motivate and enthuse others to gain support.

### APPRAISER:

The strength of your coach's coaching philosophy?

Your coach's leadership?

Your coach's ability to actively seek feedback to assist with self improvement.

Your coach's ability to evaluate their own performance?

Your coach's ability to learn from experience?

Your coach's ability to identify their own development needs?

Your coaches ability to actively seek opportunities for self improvement and personal development?

Your coach's ability to use plain language when communicating with others.

Your coach's ability to seek feedback on their performance?

Your coach's ability to ask questions to confirm your understanding.

Your coach's coaching manners, style and presence when coaching and engaging with others.

Your coach's ability to motivate and enthuse others to gain their support.

Your ability to score your decisions on evidence and logic.

Your ability to make decisions quickly.

Your ability to devise plans based on decisions you make.

Your ability to consult with others when necessary to make decisions.

Your ability to support less experienced coaches.

Your ability to be pro-active in supporting other coaches.

Your ability to take responsibility for team actions.

Your ability to resolve conflict and produce positive results.

Your ability to build a good working relationship with others.

Your ability to demonstrate empathy when working with others.

Your ability to support others in their time of need.

Your ability to challenge current thinking to develop solutions to problems or situations.

Your ability to be creative or innovative when devising solutions.

Your curiosity as a coach.

Your openness to trying new things to seek better ways of approaching coaching.

Your coaches ability to base their decisions on evidence and logic.

Your coach's ability to make decisions quickly.

Your coach's ability to devise plans based on decision they make.

Your coaches ability to consult with others to make decisions.

Your coaches ability to support less experienced coaches.

Your coaches ability to be pro-active in supporting other coaches.

Your coaches ability to take responsibility for team actions.

Your coaches ability to resolve conflict and produce positive results.

Your coaches ability to build a good working relationship with others.

Your coaches ability to demonstrate empathy when working with others.

Your coaches ability to support others in their time of need.

Your coaches ability to challenge current thinking to develop solutions to problems or situations.

Your coaches ability to be creative or innovative when devising solutions.

Your coaches curiosity.

Your coaches openness to trying new things to seek better ways of approaching coaching.

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## **SUMMARY & REFLECTION**

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Now you've looked back at the past year – and forward to the next 12 months – use this space to record any other comments or remarks the coach may have.

### **NOTES AND REMARKS:**

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## OPPORTUNITIES

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This is where to discuss potential improvements. Again, add plenty of notes and key remarks, and include both overall comments and specific feedback from the coach.

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OBJECTIVE No1:

STARTED:

COMPLETED:

OBJECTIVE No2:

STARTED:

COMPLETED:

OBJECTIVE No3:

STARTED:

COMPLETED:

OBJECTIVE No4:

STARTED:

COMPLETED:

OBJECTIVE No5:

STARTED:

COMPLETED:

OBJECTIVE No6:

STARTED:

COMPLETED:

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SIGNED BY COACH:

SIGNED BY APPRAISER:

DATE:

DATE:

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ADDITIONAL NOTES: